

When Ru is feeling a little bit bored, he loves to go outside and challenge himself with his hula hoop. He twists it on his tummy, his arm, his leg and even his neck! Where can you twist it? Ru also loves to roll it and run after it to try and catch it before it falls. Another game he likes to do is practice his jumping skills in and out of it and always plays great music while he's hooping!



WHAT WAYS CAN YOU USE YOUR HOOP?